

FEBRUARY 2018

C.C. CAFE

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Monday

Tuesday

Wednesday

Thursday

Friday



5

Meatloaf w/Gravy
* Garlic Mashed Potatoes
* Broccoli
Mixed Green Salad
w/Thousand Island Dressing
Fresh Fruit

6

BBQ Pulled Pork
Succotash
* Seasoned Potato Wedges
Mixed Green Salad
w/Balsamic Vinaigrette
Bun
Pineapple Chunks

7

COLD PLATE:

Curried Chicken Salad
on Mixed Greens
Lentil Soup
4-Bean Salad
Carrot-Raisin Salad
Hawaiian Roll w/Butter
* Tropical Fruit

8

Creamy Mushroom Chicken
Tender Green Beans
w/Red Peppers
* Mashed Potatoes
Whole Wheat Roll
w/Butter
Big Cookie
(Fresh Fruit)

9

All American Hot Dog
w/Cheese & Onions
Mixed Vegetables
* Potato Salad
Mustard, Catsup, Relish
Bun
Orange Gelatin w/Mandarins
(Diet Orange Gelatin
w/Mandarins)

12

COLD PLATE:

Mock Crab Salad
Potato Leek Soup
Pickled Beets & Onions
Garden Pea Salad
French Bread
Lettuce & Tomato
* Mandarin Oranges

13

**SAN PABLO'S MARDI GRAS
& BLACK HISTORY
CELEBRATION**

Oven Fried Chicken
* Whipped Sweet Potatoes
* Seasoned Collard Greens
Tossed Salad
w/Ranch Dressing
Cherry Gelatin w/Pears
(Diet Cherry Gelatin
w/Pears)

14

VALENTINE'S DAY PARTY

Roast Beef w/Gravy
* Baked Potato
* California Blend
Mixed Green Salad
w/Blue Cheese Dressing
Dinner Roll w/Butter
Strawberry Cheesecake
(Diced Peaches)

15

Savory Pork Steer over Rice
Capri Vegetables
* Cabbage Salad
w/Poppy Seed Dressing
and Crunchy Noodles
Fresh Fruit

16

**WALNUT CREEK
CELEBRATES
CHINESE NEW YEAR**



Pineapple Chicken
Bok Choy Soup
Spring Bean Medley
Brown Rice
Fortune Cookie
* Lucky Tangerine



19

**PRESIDENT'S DAY
HOLIDAY**



20

**PRESIDENT'S DAY
CELEBRATION**

Tuna Salad on Mixed Greens
Tomato Basil Soup
* Marinated Vegetable Salad
Pickled Beets & Onions
Roll w/Butter
Banana Cream Pie
(Banana)

21

Southern BBQ Chicken Breast
Healthy Vegetable Soup
* Potato Salad
Vegetable Bean Medley
Sourdough Roll w/Butter
Pineapple Chunks

22

Spaghetti & Meatballs
w/Parmesan Cheese
* Orange-Pineapple Juice
Sliced Carrots in Lite Sauce
Italian Green Beans
Vanilla Pudding
(Fresh Fruit)

23

Alaskan Salmon Patty
w/Dill Sauce
Green Peas w/Pearl Onions
Wild Rice
* Pineapple Coleslaw
* Citrus Fruit



26

* Spinach & Mushroom Alfredo
Pasta w/Parmesan Cheese
* Orange Juice
Vegetable Bean Medley
Tossed Salad
w/Creamy Italian Dressing
Sherbet
(Fresh Fruit)

27

Traditional Old Fashioned
Turkey Dinner w/Gravy
Tender Green Beans
* Mashed Potatoes
Stuffing
Cranberry Sauce
Raspberry Gelatin w/Pears
(Diet Raspberry Gelatin
w/Pears)

28

NEW ITEM!

Swiss Beef Patty
Mixed Vegetables
* Cheesy Scalloped Potatoes
Whole Wheat Roll
w/Butter
Peaches



= Item is higher in sodium
* = Vitamin C
_ = Vitamin A
() = Dessert of Choice
All meals served w/low fat milk.



**DELICIOUS DECISIONS! DON'T FORGET TO STOP BY FOR OUR SPECIAL EVENT MEALS ON FEB. 13, 14, 16 AND 20.
4 DAILY ALTERNATIVE ENTREE CHOICES: CHEESEBURGER OR GARDEN BURGER, CHEF'S SALAD OR SEAFOOD LOUIE SALAD!**