



**JANUARY 2018**

**C.C. CAFÉ**

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Monday	Tuesday	Wednesday	Thursday	Friday
1 	2 <b>NEW YEAR CELEBRATION!</b> Krabby Cake * <u>California Blend</u> Rice Pilaf Tossed Salad w/Honey Mustard Dressing Tartar Sauce Pecan Cookies (Pears)	3 Veal Parmesan a la Romano & Parmesan Cheese Minestrone Soup * Mashed Potatoes Italian Green Beans Mixed Green Salad w/Creamy Italian Dressing <u>Apricots</u>	4 <b>COLD PLATE</b> ^ Thin Ham Slices Split Pea Soup Pickled Beets & Onions <u>Carrot Raisin Salad</u> Lettuce & Tomato Mustard, Mayonnaise Rye Bread * Citrus Fruit	5 Orange Chicken Breast <u>Vegetable Bean Medley</u> * Red Potatoes Whole Wheat Roll w/Butter Raspberry Gelatin w/Mixed Fruit (Diet Raspberry Gelatin w/Mixed Fruit)
8 <b>COLD PLATE</b> Mock Crab Salad Potato Leek Soup Garden Pea Salad 4-Bean Salad French Bread Lettuce, Tomato & Onion * Citrus Fruit Cup	9 Meatballs w/Mushroom Gravy <u>Capri Vegetables</u> Buttered Noodles Mixed Green Salad w/Balsamic Vinaigrette * Tangerine	10 Chicken Marsala Cream of Tomato Soup <u>Italian Vegetables</u> * Mashed Potatoes Roll w/Butter Fresh Fruit	11 ^ Vegetarian Bean Burrito w/ Red Sauce & Cheese Mexicali Corn Tossed Salad w/Ranch Dressing * Tropical Fruit	12 <b>MARTIN LUTHER KING JR CELEBRATION</b> ^ Southern Style Glazed Ham * <u>Collard Greens w/Onions</u> * <u>Yams</u> Corn Bread w/Butter Grandma's Peach Crisp (Peaches)
15 <b>MARTIN LUTHER KING JR HOLIDAY!</b> 	16 Breaded Cod Clam Chowder * Cheesy Scalloped Potatoes <u>Capri Vegetables</u> 4-Bean Salad Tartar Sauce Fresh Fruit	17 Tempting Turkey Tamale Pie w/Corn Bread Topping Pinto Beans Tossed Salad w/Blue Cheese Dressing * Mandarin Oranges	18 Ye Old Pub Cheese Burger * Potato Wedges <u>Vegetable Bean Medley</u> Lettuce, Tomato & Onion Catsup, Mustard Mayonnaise & Relish Bun Applesauce	19 Chicken White Bean Chili Apple Juice * <u>California Blend</u> * <u>Spinach Salad</u> w/Catalina Dressing Roll w/Butter Ice Cream (Pears)
22 Grilled Chicken Sandwich Corn Chowder * <u>Sweet Potato Fries</u> * <u>Marinated Broccoli Salad</u> Lettuce & Pickles Mayonnaise Bun Chocolate Pudding (Applesauce)	23 Cheesy Red Lasagna w/Parmesan Cheese * Orange Pineapple Juice Italian Green Beans Mixed Green Salad w/Creamy Italian Dressing Fresh Fruit	24 Sweet & Sour Pork Sweet Peas w/Onions Brown Rice * Cabbage Salad w/ Poppseed Dressing Pears	25 <b>COLD PLATE</b> Tuna Salad Sandwich Chicken Noodle Soup <u>Carrot Raisin Salad</u> Pickled Beets & Onions Lettuce & Tomato Mustard & Mayonnaise Rye Bread * Tropical Fruit	26 Lincoln's Log Cabin Hearty Beef Stew * <u>Broccoli Spears</u> Tossed Salad w/1000 Island Dressing Biscuit w/Butter Mixed Fruit
29 <b>COLD PLATE</b> Cobb Salad Mushroom Barley Soup 4-Bean Salad Dinner Roll w/Butter Blue Cheese Dressing * Citrus Fruit	30 Beer Batter Fish * Potato Wedges <u>Vegetable Bean Medley</u> * Confetti Coleslaw Tartar Sauce, Vinegar Banana	31 Swedish Meatballs Hearty Vegetable Soup * Stewed Tomatoes Rice Pilaf Mixed Green Salad w/Ranch Dressing <u>Apricots</u>	^ = Item is higher in sodium * = Vitamin C _ = Vitamin A ( ) = Dessert of Choice All meals served w/low fat mill	



**DELICIOUS DECISIONS! DON'T FORGET TO STOP BY FOR OUR SPECIAL EVENT MEALS ON JAN. 2 AND 12  
4 DAILY ALTERNATIVE ENTREE CHOICES: CHEESEBURGER OR GARDEN BURGER, CHEF'S SALAD OR SEAFOOD LOUIE SALAD!**