

DECEMBER 2017

C.C. CAFE

DECEMBER 2017

Monday

Tuesday

Wednesday

Thursday

Friday

1



* = Vitamin C
 ___ = Vitamin A
 () = Dessert of Choice
 All meals served w/low fat milk.



COLD PLATE
 Roasted Turkey Sandwich
 Pumpkin Celery Soup
 * Marinated Broccoli Salad
 * Potato Salad
 Lettuce & Tomato
 Mustard & Mayonnaise
 100% WW Bread X2
 Mixed Fruit

4

5

6

7

8

Vegetarian Bean Burrito
 w/Red Sauce & Cheese
Mexicali Corn
Mixed Green Salad
 w/Creamy Italian Dressing
 * **Mandarin Oranges**



Cod Fish Sandwich w/Cheese
Clam Chowder
Steamed Carrots
 * **Coleslaw**
Whole Grain Bun
Tartar Sauce
Lemon Pudding
 (Sliced Peaches)

EL CERRITO OPEN HOUSE
HOLIDAY PARTY
Roast Beef w/Gravy
 * **Baked Potato**
Vegetable Bean Medley
Tossed Green Salad
 w/Honey Mustard Dressing
Dinner Roll w/Butter
Fresh Fruit

COLD PLATE
Tuna Salad Sandwich
Chicken Noodle Soup
Garden Pea Salad
Pickled Beets & Onions
Lettuce & Tomato
Mustard & Mayonnaise
Rye Bread
 * **Tropical Fruit**



BRENTWOOD HOLIDAY
CELEBRATION
Oven Fried Chicken
Macaroni and Cheese
Capri Vegetables
 * **Spinach Salad**
 w/Catalina Dressing
Cinnamon Applesauce

11

12

13

14

15

COLD PLATE
Curried Chicken Salad
 on a Bed of Mixed Greens
Lentil Soup
Carrot Raisin Salad
Pickled Beets & Onions
Dinner Roll w/Butter
 * **Tropical Fruit**



Beef Sukiyaki
Mixed Vegetables
 * **Mixed Cabbage Salad**
 w/Poppy Seed Dressing
 & Crispy Noodles
Brown Rice
Fortune Cookie
 * **Mandarin Oranges**

CROCKETT & SAN RAMON
HOLIDAY PARTY
Pork Carnitas w/Salsa
 * **Orange Juice**
Black Beans
Spanish Rice
Mixed Green Salad
 w/Ranch Dressing
Ice Cream (Apricots)



RODEO HOLIDAY
PARTY
 * **Spinach & Mushroom Alfredo**
Pasta w/Parmesan Cheese
Vegetable Bean Medley
Tossed Salad
 w/Creamy Italian Dressing
Banana Cake
 (Banana)

BAY POINT & SAN PABLO
HOLIDAY PARTY
Spaghetti & Meatballs
 w/Parmesan Cheese
 * **Steamed Broccoli**
Sliced Beets
Mixed Green Salad
 w/Blue Cheese Dressing
Cherry Gelatin w/Pears
 (Diet Cherry Gelatin w/Pears)

18

19

20

21

22

CONCORD HOLIDAY PARTY
Stuffed Pepper
 * **California Blend**
 * **Garlic Mashed Potatoes**
Mixed Green Salad
 w/Balsamic Vinaigrette
Sherbet
 (Peaches)

PLEASANT HILL & WALNUT CREEK
HOLIDAY PARTY
Virginia Baked Ham
 w/Pineapple-Raisin Sauce
 * **Whipped Sweet Potatoes**
Green Beans w/Red Peppers
WW Roll w/Butter
Pistachio Fluff
 (Banana)

Garlic Chicken Breast
Savory Bean Soup
Capri Vegetables
 * **Roasted Potatoes**
Citrus Fruit



PITTSBURG
HOLIDAY PARTY
Fish Taco w/Flour Tortilla
Corn Chowder
 * **Cilantro Lime Coleslaw**
Pinto Beans
Salsa
 * **Tangerine**

Chicken Tahitian
Bok Choy Soup
 * **Winter Vegetables**
Carrots in Lite Sauce
Brown Rice
Fresh Fruit



25

26

27

28

29

HOLIDAY



COLD PLATE
Waldorf Chicken Salad
 on Mixed Greens
Mushroom Barley Soup
Carrot Raisin Salad
3 Bean Salad
Hawaiian Roll w/Butter
 * **Orange**

BBQ Pork Rib Patty
 * **Cheesy Scalloped Potatoes**
 * **Broccoli**
Mixed Green Salad
 w/Ranch Dressing
Chocolate Pudding
 (Peaches)

Colossal Hot Dog w/Cheese
Baked Beans
 * **Potato Salad**
Tossed Salad
 w/Honey Mustard Dressing
Catsup, Mustard,
Onion, Relish
Bun
Fresh Fruit

Alaskan Salmon Patty
 w/Dill Sauce
Mixed Vegetables
Rice Pilaf
 * **Mixed Cabbage Salad**
 w/Poppy Seed Dressing
 & Crispy Noodles
 * **Tropical Fruit**



DELICIOUS DECISIONS! DON'T FORGET TO STOP BY FOR OUR SPECIAL EVENT MEALS ON DEC. 6, 8, 13, 14, 15, 18, 19, AND 21!
4 DAILY ENTRÉE CHOICES: CHEESEBURGER OR GARDEN BURGER, CHEF'S SALAD OR SEAFOOD LOUIE SALAD!