

NOVEMBER 2017

C.C. CAFE

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Monday

Tuesday

Wednesday

Thursday

Friday



* = Vitamin C
 _ = Vitamin A
 () = Dessert of Choice
 All meals served w/low fat milk.

1
 Pork Carnitas
 Salsa
 Spanish Rice
 * Broccoli Spears
 Mixed Green Salad
 w/Ranch Dressing
 Applesauce



2
 Ye Old Pub Cheese Burger
 * Potato Salad
Spring Bean Medley
 Lettuce, Tomato & Onion
 * Catsup, Mustard
 Mayonnaise & Relish
 Bun
 Seasonal Fresh Fruit

3
 Tuna Noodle Casserole
 Grape Juice
 Tender Green Beans
 * Stewed Tomatoes
 Lemon Gelatin
 w/Whipped Topping
 (Diet Lemon Gelatin
 w/Whipped Topping)



6

7

8

9

10

Sweet & Sour Pork
 Brown Rice
 * Broccoli Florets
 * Cabbage Salad
 w/Poppysseed Dressing
 Fresh Fruit



Roast Beef w/Gravy
 * Baked Potato w/Butter
Glazed Carrots
 * Spinach Salad
 w/Catalina Dressing
 Peaches

COLD PLATE
 Asian Chicken Salad
 * (Mandarin Oranges, Spring
 Mix, Sesame Seed
 Dressing, & Crispy Noodles *
 Bok Choy Soup
 3-Bean Salad
 Hawaiian Roll w/Butter
 Ice Cream
 (Banana)

Breaded Cod Fish
 w/Lemon Slice
 Clam Chowder
Capri Vegetables
 Potato Wedges
 Tartar Sauce
 Strawberry Gelatin
 w/Mixed Fruit
 (Diet Strawberry Gelatin
 w/Mixed Fruit)

VETERAN'S DAY



13

14

15

16

17

Swedish Meatballs
 Hearty Vegetable Soup
 * Stewed Tomatoes
 Rice Pilaf
 Mixed Green Salad
 w/Creamy Italian Dressing
 * Mandarin Oranges

Mediterranean Chicken Taco
 Pico De Gallo
 Steamed Zucchini
 * Red Potatoes
 Creamy Cucumber Salad
 Pita
Apricots



CONCORD HOLIDAY BINGO
 Stuffed Pepper
 Steamed Carrots
 * Garlic Mashed Potatoes
 Mixed Green Salad
 w/Balsamic Vinaigrette
 Brownie
 (Pears)

COLD PLATE
 Cobb Salad
 Creamy Tomato Basil Soup
 Blue Cheese Dressing
 Pickled Beets & Onions
 Dinner Roll w/Butter
 * Citrus Fruit

Beer Batter Fish
 * Potato Wedges
Spring Bean Medley
 * Mixed Cabbage Salad
 w/Poppy Seed Dressing
 Tartar Sauce, Vinegar
 Pineapple Chunks

20

21

22

23

24

Chicken White Bean Chili
 Apple Juice
 * California Blend
 * Spinach Salad
 w/Ranch Dressing
 Cornbread w/Butter
 Mixed Fruit



THANKSGIVING DAY
 CELEBRATION!
 Traditional Old Fashioned
 Turkey Dinner w/Gravy
Mixed Vegetables
 * Mashed Potatoes
 Stuffing
 Cranberry Sauce
 Pumpkin Pie
 (Peaches)

Cheesy Red Veggie Lasagna
 w/Parmesan Cheese
 * Broccoli Spears
 Tossed Salad
 w/Ranch Dressing
 Fresh Fruit



HOLIDAY!

27

28

29

30

COLD PLATE
 Mock Crab Salad Sandwich
 Potato Leek Soup
 4-Bean Salad
Carrot Raisin Salad
 French Bread
 Lettuce, Tomato & Onion
 * Tropical Fruit

Southern Style BBQ Chicken
 Mushroom Barley Soup
 Succotash
 * Glazed Yams
 Dinner Roll w/Butter
 Banana

Sweet & Sour Pork
 Green Beans
 Steamed Rice
 Tossed Green Salad
 w/Ranch Dressing
 * Tangerine

Lincoln's Log Cabin
 Hearty Beef Stew
 * California Blend
 Mixed Green Salad
 w/1000 Island Dressing
 Cornbread w/Butter
 Tapioca Pudding
 (Pears)



**DELICIOUS DECISIONS! DON'T FORGET TO STOP BY FOR OUR SPECIAL EVENT MEALS ON NOV. 15 AND 21.
 4 DAILY ALTERNATIVE ENTREE CHOICES: CHEESEBURGER OR GARDEN BURGER, CHEF'S SALAD OR SEAFOOD LOUIE SALAD!**